

Watermelon & Avocado Salad



Ingredients

Watermelon Snack Pot/100g
1/2 Avocado
60g Fat Free Quark
6 Fresh Basil Leaves
Sprinkle of Mixed Seeds

Method

Cut the avocado in half, peel away the skin, remove the stone and cut the flesh into chunks.

Pile all the ingredients together, sprinkle over a few mixed seeds and enjoy!

Great as an on-the-go snack box.